Ashgate Hospicecare's Schwartz Rounds

Ashgate Hospicecare Every Person Matters

Stories worth sharing

I found that I rediscovered the simplicity of care.

A very humbling and heartwarming experience that I will remember throughout my career.

> A very thought-provoking discussion.

I found it to be an open and caring space, helped me reflect on my own experiences and reassured me that I'm not the only one feeling like this.

> I found it to be a breath of fresh air.

Really beneficial to open up about experiences of stress and people's coping strategies. Talking helps.

These IIIIstrations capture real stories, told by real people. I found it to be an open and caring space, helped me reflect on my own experiences and reasured me, I'm not the only one feeling these feelings.

Sitting here and hearing the stories, I felt comfortable to share my story and I left feeling part of a big support crew.

Schwartz rounds are an opportunity for Ashgate Hospicecare staff and volunteers to come together monthly, share food and explore the impact that their work and volunteering have on their feelings and emotions.

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A panel tell short stories before a facilitated discussion exploring the themes raised. Schwartz rounds are not about problem-solving, but a safe place to reflect and to share positive and negative emotions such as pride, joy, anger, and frustration. We aim to provide emotional support to one another so that we can continue to provide the best possible care to our patients. Join us for our Schwartz Rounds throughout 2020.

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