

Schwartz Round

Sheffield Health and Social Care NHS FT

Held at the 2nd Annual Compassion Conference

Thursday 8th September 2016



Conference Speakers

Kate Lucre:
Compassion
focussed staff
support



Tony Sumner:
SHSC Staff
& their digital stories



Conference Workshops

Vicarious Trauma
Reclaiming Supervision - normative,
formative or restorative?
The Compassion Convoy
Personal Strategies for Self Care
Mindfulness: An Introductory Workshop
Using Compassion Focussed Therapy (CFT)
Boundaries and Challenges
Acceptance and Commitment Therapy Taster

moving stories topic about
story acknowledge Many
teams admin something supervision think
personal compassionate needs lives
valuable opinions good hear others
more share event found colleagues insight some
place troubled better thoughts round like well
attend MH boundaries Although conclusion gave
informative causes talks benefits useful relate need practices
large views
other practice purpose staff first room Lack team
interesting part presented contribute psychological please being
Wish full compassion lots open bottom Great
feel emphasised people home levels
line encouraging challenges impact work conscious all
someone helpful experience
Really



Francis Report : <http://shsc.nhs.uk/about-us/corporate-information/our-response-to-the-francis-report/>
Paul Gilbert: <http://compassionatemind.co.uk/>
Pilgrim Projects: <http://www.patientvoices.org.uk/stories.htm>
Schwartz Rounds: <https://www.pointofcarefoundation.org.uk/our-work/schwartz-rounds>
Kate Lucre: <https://compassionatemind.co.uk/workshops/compassion-focused-staff-support-and-supervision>