

### Digital Schwartz Round video library

The videos below have been carefully chosen to represent some common themes that emerge in Schwartz Rounds. We are grateful to [Patient Voices](#), [Spark the Difference](#) and [The Guardian](#), whose videos are included.

#### [Liz's story](#)

Liz, a speech and language therapist, talks about starting work in a head and neck cancer service. She describes how she tried hard to improve the care offered to patients, but felt unheard, and over time lost energy to continue to try to change things. She describes range of emotions, including disgust and sadness, and at times feeling so desperate that leaving her job seems the only way out.

#### [Emily's story](#)

Emily, a junior doctor, describes feeling out of her depth whilst working in a highly pressured setting. She recalls a particular day when she met a young boy with a newly discovered tumour and feeling as if she did not have the skills to support the family.

#### [Rachel's story](#)

Rachel, a midwife, talks about a tragic loss of a mother and how inexperienced she felt at the time to respond to this. She focuses on the importance of sticking together with colleagues to get through traumatic experiences and links this to her own personal experience of loss.

#### [Natasha's story](#)

Natasha, a doctor, talks about her experience of crossing the boundary between professional and patient. She describes initially not wanting to be a patient, not wanting to be perceived as ill, and then learning to accept being on the other side and how this helped her.

#### [David's story](#)

David, an associate practitioner, talks about his journey into healthcare which he began as a cleaner in a hospital. He described a particular patient that left a lasting impression. She was given a terminal diagnosis and he wept with her. This challenged his perceptions of professional and personal boundaries.

#### [Ruth's story](#)

Ruth, a GP, talks about the pressures of her job, fears of litigation, and feeling unable to be fully present with patients. She discusses the impact this had on her home life and making some changes that enabled her to be the GP and mother that she wanted to be.

#### [Claudia's story](#)

Claudia, a paediatrician, describes her career as being on a hamster wheel, not feeling able to stop. Then she receives a diagnosis of cancer which allows her to step off the hamster wheel and reflect on what matters to her most.

### [Louise's story](#)

Louise, a critical care nurse, reflects on her practice and her tendency to be self-critical. She talks about a particular patient who dies sooner than expected and her relationship with her husband. Louise questions whether she did the right thing.

### [Steven's story](#)

Steven, a community nurse, talks about visits a particular patient at home. Steven didn't know at the time how much this patient was struggling and how much he valued Steven's visits. This led Steven to feel a mix of emotions, recognising that sometimes the smallest things matter the most.

### [Damon's story](#)

Damon, a consultant anaesthetist, talks about a frightening early experience and how he entered the medical profession. He talks about his own experience of illness and how this helps him understand his patients and colleagues better.

### [Michelle's story](#)

Michelle works in a mortuary. She describes her second day at work, watching her colleague who gently tends to a man with a broken face, fixing him up so that his family can spend 5 more with him to say goodbye. Michelle is inspired by the care and attention of her colleague and feels passionate about working in the mortuary.

### [Ann's story](#)

Ann, a health visitor, talks about working with a family struggling to care for their own baby. She describes a range of emotions, including despair and wanting to take the child away, but with time is able to help the family to care for the baby.

### [Mark's story](#)

Mark a GP, talks about a patient who was dying and how she helped him.

### [Ranj's story](#)

Ranj, a registrar in emergency paediatric medicine, talks about caring for a little boy whose hug made all the difference to his day.

### [Ed's story](#)

Ed, a consultant in emergency medicine, talks about a humorous tale resulting from information lost in translation.

### [Chris's story](#)

Chris, a consultant in emergency medicine, talks about helping an elderly lady die a peaceful death and feeling privileged to have cared for her.

### [Michael's story](#)

Michael Mosley talks about making a mistake whilst stitching up a patient's head.