

## **'Pop-up' Schwartz Rounds**

The concept of a pop-up Round was first developed by the Schwartz Team at Ashford and St Peter's Hospital. They noticed that certain staff groups, e.g. ward nurses, were finding it difficult to get released from their work to attend the Rounds. Consequently, the Schwartz team decided to scale down the Rounds and move them closer to the wards to help staff to access the reflective space.

### **What is the format?**

The pop-up Round follows the same core principles of a Schwartz Round, e.g. introduction, ground rules, and panel stories, followed by a group discussion focused on emotional aspects of care. The main differences to a standard Round are:

- The pop-up Round lasts for 30 minutes
- There are only two panellists who speak for five minutes each
- There is just one facilitator (although you could have two if you prefer) and the discussion lasts for approximately 20 minutes
- All staff are welcome, but you may target particular staff groups who are missing out on the standard Rounds.

### **When are they appropriate?**

The pop-up Round can be implemented in areas where access to Rounds is challenging and in addition to standard Rounds, not as a replacement. We also only suggest that pop-up Rounds are attempted once standard Rounds are embedded in the organisation and the facilitators are confident with the standard format.